Full Report (All Nutrients) 45054130, MINI DONUTS, UPC: 041497002559

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group: Branded Food Products Database

Manufacturer WEIS MARKETS, INC.

Nutrient	Unit	Data points	Std. Error	57.0 g 57g	1 Value Per100 g
Proximates					
Energy	kcal			230	404
Protein	g			3.00	5.26
Total lipid (fat)	g			12.00	21.05
Carbohydrate, by difference	g			30.00	52.63
Fiber, total dietary	g			1.0	1.8
Sugars, total	g			16.00	28.07
Minerals					
Calcium, Ca	mg			20	35
Iron, Fe	mg			1.08	1.89
Sodium, Na	mg			250	439
Vitamins					
Vitamin C, total ascorbic acid	mg			0.0	0.0
Vitamin A, IU	IU			0	0
Lipids					
Fatty acids, total saturated	g			4.999	8.770
Fatty acids, total trans	g			0.000	0.000
Cholesterol	mg			20	35

Amino Acids

Other

Ingredients

DONUTS: ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE-B1, RIBOFLAVIN-B2, FOLIC ACID), WATER, VEGETABLE SHORTENING (PALM, PARTIALLY HYDROGENATED SOYBEAN, PARTIALLY HYDROGENATED COTTONSEED, AND SOYBEAN OILS), SUGAR, EGGS, SOY FLOUR, MAY CONTAIN 2% OR LESS OF: LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, SODIUM ALUMINUM PHOSPHATE, GLUCONO DELTA-LACTONE, ALUMINUM SULFATE, MONOCALCIUM PHOSPHATE), MILK PROTEIN CONCENTRATE, SKIM MILK, LACTOSE (MILK), DEXTROSE, BETA CAROTENE COLOR, CORNSTARCH, GLYCERINE, DEXTRIN, ENZYMES, GUAR GUM, VITAL WHEAT GLUTEN, KARAYA

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Page 2 of 2 GUM, TAPIOCA STARCH, ASCORBIC ACID, SOY LECITHIN, MONO AND DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVORS, POLYSORBATE 80, SALT, PROPYLENE GLYCOL MONO AND DIESTERS, SODIUM STEAROYL LACTYLATE, COLORED WITH EXTRACTS OF ANNATTO AND TURMERIC; POTASSIUM SORBATE, SODIUM PROPIONATE AND SORBIC ACID (TO PRESERVE FRESHNESS), SPICE, ARTIFICIAL COLOR, TOASTED GROUND WHEAT GERM, WHEAT STARCH, CELLULOSE GUM, ALPHA TOCOPHEROLS AS PRESERVATIVE, MONO & DIESTERS OF FATTY ACIDS WITH BHT & CITRIC ACID AS PRESERVATIVES, CORN OIL, CITRIC ACID. SUGAR: DEXTROSE, MODIFIED FOOD STARCH, PARTIALLY HYDROGENATED VEGETABLE SHORTENING (SOYBEAN AND/OR COTTONSEED OILS), TITANIUM DIOXIDE COLOR, CALCIUM PROPIONATE (TO PRESERVATIVE FRESHNESS), CORNSTARCH, PROPYLENE GLYCOL, SODIUM SULFATE, NATURAL AND ARTIFICIAL FLAVORS. Date Available: 03/22/2017 Date Last Updated by Company: 03/22/2017